Lecture 6: "Stellar nucleosynthesis and origin of elements"



Outline

• Origin of elements: observational clues

- Stellar nucleosynthesis
- Stellar evolution

Life cycle of matter in space



- Gravity vs pressure support (T, B-fields, turbulence, etc.)
- Stars: gravity vs fusion (E = Δmc^2)
- Nucleosynthesis: new generation of stars with higher metalicity
- Release: stellar winds and (super)nova explosion

Periodic table: astrophysical sources



- H, D, He: Big Bang
- Li (except ⁷Li), Be, B: spallation of CNO elements by cosmic rays
- Nuclear fusion till ⁵⁶Fe and capture processes for heavier elements

Solar abundances of elements



- General decrease in abundance with atomic number:
 - Negative anomaly at Li, Be, B (not stable)
 - Sawtooth pattern (even > odd; Oddo-Harkins rule [1914])
 - Positive anomaly at Fe and Ni

Nuclear shell model

• Nuclear shell model: Pauli exclusion principle to describe energy

levels ($\Delta E_{ul} > MeV$)

- n, l, spin-orbit interaction
- Shells for p and n are independent
- A greater stability when p or n-shells are filled ("magic nuclei")
- Doubly magic nuclei are particularly stable (Z=2, 8, 20, 28, 50, 82):

⁴He, ¹⁶O, ⁴⁰Ca, iron,...

The Curve of Nucleon Binding Energy



- If you keep adding protons to a nucleus?
 - Coulomb repulsion continues to increase
 - new proton feels repulsion from all other protons
 - Strong force attraction reaches limit
 - new proton can't feel attraction from protons on far side of a big nucleus
- Gain energy only up to point where Coulomb repulsion outweighs strong force attraction.
- Most "stable" nucleus is ⁵⁶Fe (26 protons, 30 neutrons, 56 total)
- Release energy by fusion of light nuclei to make heaver ones— up to ⁵⁶Fe
- Release energy by fission of heavy nuclei to make lighter ones down to ⁵⁶Fe

Nucleosynthesis via nuclear reactions

$$^{A1}_{Z1}A + {}^{A2}_{Z2}B \Longrightarrow {}^{A3}_{Z3}C + {}^{A4}_{Z4}D$$

Conservation laws: $\begin{cases} A1 + A2 = A3 + A4 & (mass numbers) \\ Z1 + Z2 = Z3 + Z4 & (atomic numbers) \end{cases}$

Energy of a reaction:

$$Q = [(m_A + m_B) - (m_C + m_D)]c^2$$

initial final

- Q > 0: exothermic process
- Q < 0: endothermic process

Origin of elements' theory

- All elements are from Big Bang, static nuclear abundances (Alpher, Bethe, Gamow 1948)
- B²FH paper in 1957 (Margaret Burbidge,Geoffrey Burbidge,William Fowler and Fred Hoyle):

REVIEWS OF MODERN PHYSICS

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Остовег, 1957

Synthesis of the Elements in Stars*

E. MARGARET BURBIDGE, G. R. BURBIDGE, WILLIAM A. FOWLER, AND F. HOYLE

Kellogg Radiation Laboratory, California Institute of Technology, and Mount Wilson and Palomar Observatories, Carnegie Institution of Washington, California Institute of Technology, Pasadena, California

> "It is the stars, The stars above us, govern our conditions"; (King Lear, Act IV, Scene 3)

> > but perhaps

"The fault, dear Brutus, is not in our stars, But in ourselves," (Julius Caesar, Act I, Scene 2)

George Gamow





(1919 - 2020)

Hydrogen Burning

- Eddington, 1920's: $H \Rightarrow He$ in stars
- Coulomb repulsion \Rightarrow barrier \Rightarrow Sun is too cold
- Proton tunneling via barrier
- No reactions for H & He gas:

 $|H + |H \Rightarrow ^{2}He \text{ (unstable)} \Rightarrow |H + |H|$

 $^{1}H + {}^{4}He \Rightarrow {}^{5}Li \text{ (unstable)} \Rightarrow {}^{1}H + {}^{4}He$

 $^{4}\text{He} + ^{4}\text{He} \Rightarrow ^{8}\text{Be} \text{ (unstable)} \Rightarrow ^{4}\text{He} + ^{4}\text{He}$

Arthur Eddington



Hydrogen Burning

AUGUST 15, 1938

PHYSICAL REVIEW

The Formation of Deuterons by Proton Combination

^eH. A. BETHE, Cornell University, Ithaca, N. Y.

AND

C. L. CRITCHFIELD, George Washington University, Washington, D. C. (Received June 23, 1938)

- Hans Bethe and Charles L. Critchfield (1938):
- Beta-plus decay of p to n in ²He via weak interaction
- Two-stage process:
 - I. $|H + |H \Rightarrow ^{2}He + \gamma$

2. $^{2}\text{He} \Rightarrow ^{2}\text{D} + e^{+} + v_{e} + 0.42 \text{ MeV}$ (extremely slow)

• Half-life of p in the Sun's core before reaction: ~10⁹ years



VOLUME 54

(1906 - 2005)

Charles Critchfield



(1910 - 1994)

Proton-proton (PP) chain

• Converts 4 ¹H to ⁴He:

I.
$$^{1}H + ^{1}H \Rightarrow ^{2}D + e^{+} + V_{e}$$
 (0.42 MeV)

2.
$$^{1}H + ^{2}D \Rightarrow ^{3}He + \gamma$$
 (5.49 MeV)

- 4 pathways to ⁴He
- Proton-Proton cycle I (requires $T > 4 \times 10^6$ K):

3.
$$^{3}\text{He} + {}^{3}\text{He} \Rightarrow {}^{4}\text{He} + 2 {}^{1}\text{H}$$
 (12.86 MeV)

Total energy production:

 $Q_{PP-I} = 26.22 \text{ MeV}$

PP-I chain



Proton-proton (PP) chain

- PP-II cycle (T ~ I4 23 x I0⁶ K)
- Continues after PP-I cycle:
 - $^{3}\text{He} + {}^{4}\text{He} \Rightarrow {}^{7}\text{Be} + \gamma$
 - $^{7}\text{Be} + e^{-} \Rightarrow ^{7}\text{Li} + V_{e}$
 - $^{7}\text{Li} + ^{1}\text{H} \Rightarrow 2 \, ^{4}\text{He}$

Energy production:

 $Q_{pp-II} = Q_{pp-I} + 0.813 \text{ MeV}$

• Sun's core: Efficiency of PP-I ~ 86 %, PP-II ~ 14 %

PP-II chain



- R. Davis, Jr. and J. Bahcall (>1969)
- Homestake Gold mine (South Dakota), I.5 km depth
- Shielding from cosmic rays
- A cistern with 600 tons of perchloroethylene C₂Cl₄
- $v_e + {}^{37}CI \Rightarrow {}^{37}Ar + e^-$ (barrier of ~0.8 MeV)
- ³⁷Ar is radioactive and can be counted
- Cadence: once per few weeks





• ~1/3 of predicted flux detected

• Neutrinos have non-zero mass \Rightarrow neutrino flavor "oscillation" on their way to Earth (predicted by B. Pontecorvo in 1957)

• v + water \Rightarrow relativistic e \Rightarrow Cherenkov radiation cone

• Super-Kamiokande (>1982): Ikm depth, Mozumi mine,

Japan

- 50 000 tons of ultra-pure H_2O
- ~ 12 000 photo-detectors: real time obs.
- Timing and charge: flavor and direction of V
- \bullet Also energy distribution of $~\nu$



Direct image of the Sun's core





CNO Cycle

- Bethe–Weizsäcker cycle (1938-39)
- Operates in stars with $M > 1.3 M_{Sun}$
- T > 15 x 10⁶ K, dominates at 17 x 10⁶ K
- Catalytic cycle via C, N, O isotopes:

 $4^{1}H \rightarrow {}^{4}He + 2e^{+} + 2v_{e} + Q_{CNO}$

Total energy production: $Q_{CNO} = 26.73 \text{ MeV}$

Carl Friedrich von Weizsäcker



(1912 - 2007)

Hans Bethe



(1906 - 2005)

CNO Cycle-I

- I. ${}^{12}C + {}^{1}H \Rightarrow {}^{13}N + \gamma + 1.95 \text{ MeV}$
- 2. ${}^{13}N \Rightarrow {}^{13}C + e^+ + v_e + 1.20 \text{ MeV}$ (half-life 10 min)
- 3. ${}^{13}C + {}^{1}H \Rightarrow {}^{14}N + \gamma + 7.54 \text{ MeV}$
- 4. $^{14}N + ^{1}H \Rightarrow ^{15}O + \gamma + 7.35 \text{ MeV}$ (limiting step)
- 5. ${}^{15}O \Rightarrow {}^{15}N + e^+ + v_e + 1.73$ MeV (half-life 2 min)
- 6. ${}^{15}N + {}^{1}H \Rightarrow {}^{12}C + {}^{4}He + 4.96 \text{ MeV}$



Sun: CNO-I cycle vs PP-chains



- PP-chain: >98% ⁴He (10³⁸ events/s using 4 x 10³⁸ protons/s)
- CNO cycles: 1.7% ⁴He

Density and temperature in the Sun



Sun's internal structure: P vs G



- Energy: ~ 3.86 10²⁶ W (10¹¹ megatons of TNT / s)
- Energy density: ~0.0002 W/cm³

Structure of various stars



CNO cycle dominant

PP chain dominant

Sun after ~9.3 Gyr: red giant



- He-core volume shrinks \Rightarrow Fusion rate increases
- T increases \Rightarrow H-shell puffs up \Rightarrow red giant (~I Gyr)
- End fusion products: He, C, O

Triple-alpha process (He burning)

- ¹²C is abundant \Rightarrow ¹²C forms from 3 x ⁴He (F. Hoyle)
- Higher-mass stars than Sun
- T ~ 100 x 10⁶ K:
 - I. ${}^{4}\text{He} + {}^{4}\text{He} \Rightarrow {}^{8}\text{Be}$ (-0.0918 MeV), extremely unstable
 - 2. ⁸Be + ⁴He \Rightarrow ¹²C + 2 γ (+7.367 MeV)
 - 3. ${}^{12}C + {}^{4}He \Rightarrow {}^{16}O + \gamma$ (+7.162 MeV)

Energy production for ${}^{12}C$: Q_{3He} = 7.275 MeV



Fred Hoyle

(1915 - 2001)

Helium burning (triple-alpha process)



He-burning via helium flash



- e- degeneracy pressure in the He core (no T-dependence) \Rightarrow Triple-alpha processes begin without core expansion \Rightarrow Runaway reaction (He flash) $\Rightarrow \sim 60 - 80\%$ He is burned within minutes (energy $\sim 10^{11} L_{Sun}$)
- Released energy \Rightarrow degeneracy lift and core expansion

Alpha processes (minor): ²⁰Ne – ⁵⁶Ni

• Require higher T and densities as for triple-alpha process

 $^{16}_{8}\text{O} + {}^{4}_{2}\text{He} \longrightarrow {}^{20}_{10}\text{Ne} + \gamma$ $E = 4.73 \; \mathrm{MeV}$ $^{20}_{10}\mathrm{Ne} + ^{4}_{2}\mathrm{He} \longrightarrow ^{24}_{12}\mathrm{Mg} + \gamma \quad E = 9.32 \mathrm{~MeV}$ $^{24}_{12}Mg + ^{4}_{2}He \longrightarrow ^{28}_{14}Si + \gamma \quad E = 9.98 \text{ MeV}$ $^{28}_{14}\text{Si} + ^{4}_{2}\text{He} \longrightarrow ^{32}_{16}\text{S} + \gamma \qquad E = 6.95 \text{ MeV}$ $^{32}_{16}\mathrm{S} + ^{4}_{2}\mathrm{He} \longrightarrow ^{36}_{18}\mathrm{Ar} + \gamma \qquad E = 6.64 \mathrm{~MeV}$ $^{36}_{18}\mathrm{Ar} + ^{4}_{2}\mathrm{He} \longrightarrow ^{40}_{20}\mathrm{Ca} + \gamma \quad E = 7.04 \mathrm{~MeV}$ $^{40}_{20}$ Ca + $^{4}_{2}$ He $\longrightarrow ~^{44}_{22}$ Ti + $\gamma = E = 5.13$ MeV $^{44}_{22}\text{Ti} + ^{4}_{2}\text{He} \longrightarrow ^{48}_{24}\text{Cr} + \gamma \quad E = 7.70 \text{ MeV}$ $^{48}_{24}\mathrm{Cr} + ^{4}_{2}\mathrm{He} \longrightarrow ~^{52}_{26}\mathrm{Fe} + \gamma \quad E = 7.94 \mathrm{~MeV}$ ${}^{52}_{26}{
m Fe} + {}^{4}_{2}{
m He} \longrightarrow {}^{56}_{28}{
m Ni} + \gamma \qquad E = 8.00 {
m ~MeV}$

Life of a Sun-like star: ~12 Gyr





Beautiful death of a Sun-like star

Cat's Eye nebula

Ring nebula



- Electron-degenerate C and O gas
- Chandrasekhar (1930): maximum mass 1.44 Msun

Carbon burning

- Stars more massive than 8–9 M_{sun}
- T > 500 x 10⁶ K, density > 3 x 10⁶ g/cm³:

$${}^{12}_{6}C + {}^{12}_{6}C \rightarrow {}^{20}_{10}Ne + {}^{4}_{2}He + 4.617 \text{ MeV}$$

$${}^{12}_{6}C + {}^{12}_{6}C \rightarrow {}^{23}_{11}Na + {}^{1}_{1}H + 2.241 \text{ MeV}$$

$${}^{12}_{6}C + {}^{12}_{6}C \rightarrow {}^{23}_{12}Mg + n - 2.599 \text{ MeV}$$

Alternatively:

 $\frac{{}^{12}_{6}C}{{}^{6}C} + \frac{{}^{12}_{6}C}{{}^{6}C} \rightarrow \frac{{}^{24}_{12}Mg}{{}^{12}_{12}Mg} + \gamma + 13.933 \text{ MeV} \quad (\text{improbable})$ $\frac{{}^{12}_{6}C}{{}^{6}C} + \frac{{}^{12}_{6}C}{{}^{6}C} \rightarrow \frac{{}^{16}_{8}O}{{}^{8}O} + 2\frac{{}^{4}_{2}He}{{}^{2}_{2}He} - 0.113 \text{ MeV}$

Massive stars: "onion skin layers"



- Fusion stops at ⁵⁶Fe \Rightarrow Core is supported by degeneracy pressure
- Heavier elements are forged by capture processes

Nucleosynthesis in a 15 M_{Sun} star

Fused	Products Time		
Н	⁴ He	10^7 yrs.	
⁴ He	¹² C	Few X 10 ⁶ yrs	
¹² C	¹⁶ O, ²⁰ Ne, ²⁴ Mg, ⁴ He	1000 yrs.	
²⁰ Ne +	¹⁶ O, ²⁴ Mg	Few yrs.	
¹⁶ O	²⁸ Si, ³² S	One year	
²⁸ Si +	⁵⁶ Fe	Days	
⁵⁶ Fe	Neutrons	< 1 second	

Life of (rock) stars: shine bright, die young

- Mass of "fuel" / Rate of consumption
- Lifetime ~ M / L ~ $M^{-2.5}$

Mass (M _☉)	Surface temperature (K)	Luminosity (L _o)	Time on main sequence (10 ⁶ years)
25	35,000	80,000	3
15	30,000	10,000	15
3	11,000	60	500
1.5	7000	5	3000
1.0 (Sun)	6000	1	10,000
0.75	5000	0.5	15,000
0.50	4000	0.03	200,000

Table 12-2 Discovering the Universe, Eighth Edition © 2008 W. H. Freeman and Company

Life of a massive star: ~I-100 Myr



Massive, >8-10M_{Sun} stars

• Inert Fe-core collapses when $M_{core} > 1.44 M_{Sun}$:

⁵⁶Fe + $\gamma \implies$ 14 ⁴He + v (<1 s)

- Implosion of outer core: V up to ~25% speed of light
- Inner core heating above 10^{11} K: ⁴He + 2e⁻ \Rightarrow 4n + v (~10 s)
- Collapse is halted by neutron degeneracy pressure
- Supernova explosion \Rightarrow creation of heavy elements
- Collapse with $M_{core} < 4M_{Sun}$: neutron star
- Collapse with $M_{core} > 4M_{Sun}$: black hole



- Neutron capture
- β -minus decay of n to p
- \bullet Slow neutron capture compared to $\beta\text{-decay}$
- ~ 50% of stable isotopes after 56 Fe

r-process: rapid neutron capture



- Requires high neutron flux: core-collapse supernovae
- Rapid neutron capture compared to β -decay
- ~50% of neutron-rich nuclei after ⁵⁶Fe

Neutron capture processes



p-process: proton capture



- B²FH paper (wrong conditions), still poorly understood
- Free protons captured by heavy nuclei
- Proton-rich isotopes (from Se to Hg)
- Coulomb repulsion

Neutron stars

- Proposed by W. Baade and F. Zwicky (1934): neutron degenerate core
- Mass ~ 2 Msun
- Radius ~ 12 km
- Density ~ 5 x 10¹⁴ g/cm³
- Magnetic fields ~ 2 x 10¹¹ Gauss
- Structure: superconducting fluid + iron crust (~I m)
- Fast rotation and ~10⁸ Tesla magnetic fields \Rightarrow synchrotron "beams"

Observational evidence: pulsars and binaries

- Discovered by J. Bell Burnell & A. Hewish in 1967
- Extremely regular radio signals (ms-s)
- LGM-I (now PSR 1919+21)
- Synchrotron beam passing LOS

Binaries: dynamic masses (direct or via acc. disk)

J. Bell Burnell



(1943, 79 years)

Observational evidence: pulsars



Beautiful death of massive stars

Vela SN, ~4000 BC



Tycho Brahe SN, 1572



Crab nebula, 1054



Kepler SN, 1604



... Can also be recorded via neutrinos!

SN 1987A (Large Magellanic Cloud), Kamiokande II

A neutrino burst was detected on 23 Feb. 1987, 7:35:35 UTC BOT = 0



Black holes (BHs)

- Neutron star equation of state suggests that neutron degeneracy cannot provide sufficient support for $M_{core} > 4$ Msun
- Then nothing can halt collapse and neutron core collapses to a point mass
- Models imply that stars with $M_* > 20$ Msun likely produce BHs
- Amount of mass loss is uncertain and so models are not definitive
- Singularity cannot be described with laws of physics
- Event Horizon (V_{escape} = speed of light c): $R_S = 2GM/c^2$ (Schwarzschild radius)
- If one could compress Sun to a BH, it would have $R_s = 3$ km

Black hole in the Galactic center

- S2 nearby star orbiting Sgr A* BH: min separation is 120 au, period ~ 16 years
- Accurate astrometry and distance
- Precession of orbit matches Gen.
 Relativity (Schwarzschild precession)
- Supermassive BH of $\sim 4 \times 10^{6} M_{Sun}$
- Nobel prize For A. Ghez and R. Genzel in 2020



First image of event horizon around M87* BH



- Event Horizon Telescope: Radio-interferometry with very long baselines
- Supermassive BH in massive elliptical galaxy M87 (16.4 Mpc)
- $M \sim 6.5 \times 10^9 M_{sun}$
- R_s ~ 120 au

Literature

- B²HF paper (1953)
- ed. B. Bederson (1999), "More Things in Heaven and Earth", Springer
- Ch. Iliadis (2007), "Nuclear Physics of Stars"